

## PRINCIPAL'S REPORT

### Host Family needed for exchange student

Due to an illness in her existing host family, our German exchange student needs to find a new host family for the remainder of 2008.

Laura has settled in to the school well, speaks excellent English and is keen to move into a new home as soon as possible. If you able to help for all or part of the year, please contact Year 10 Coordinator Jamie Lyons or myself.

### School Musical Production

Preparations are already under way for this year's production of 'Pirates.' Drama teacher Halley Metcalf will direct the show and auditions will be held next week. Watch the newsletter for further updates.

### Year 7 and 8 Awards assemblies

Students in Years 7 and 8 have been presented with the first round of Principal Awards for achievement in the last week. Students in both levels are to be congratulated for a great start to the year.

### Phone System

Our apologies for any inconvenience you may have experienced in the last week as a result of modifications to our telephone system. Some parents may have experienced lengthy delays or have been cut off unexpectedly.

We believe that any problems have been rectified and that the phone service will now operate more efficiently. Please alert the General Office if you experience further problems.

Leon Bishop, Principal

## MONDAY 10 MARCH LABOUR DAY – PUBLIC HOLIDAY

### YEAR 7 INSTRUMENTAL MUSIC EVENING

The Music Department will be having our Year 7 Music Information Evening on **Thursday 6 March** in the new PAC Theatre (situated at the top of the school near the train line) at **7pm**.

This evening is for you to find out about our exciting Music Program and how to enrol your child in learning an instrument at the school. Instrumental and classroom teachers will be present on the evening and students will be given the opportunity to hear and try out any instruments that they are interested in learning. The evening will also outline instrument hire/ buy options. We hope to see you there!

Miss Brice and Mr Woolford

### UNIFORM SHOP HOURS

The Uniform Shop is located in Room 53 and operational hours are;

- **Tuesdays 12.30pm – 5pm**
- **Saturdays 9.00am – 11.30am**

### LOCKER/INTERNET FEE

A reminder the Locker/Internet Fee for students must be paid by **Thursday March 20, 2008** the last day of **Term 1 2008**. Payment not received by this date will result in access to Lockers and Internet being withdrawn.

## IMPORTANT DATES

### MARCH

#### Monday 3

Year 9 Duke of Ed Wabonga Plateau Camp  
 SRC Elections Year 8, 9, 10 Periods 5 and 6  
 Year 11 and 12 Cricket/Finals (Reserve Day)

#### Tuesday 4

Year 9 Duke of Ed Wabonga Plateau Camp  
 Grade 6/Year 7 Sports Day  
 Year 9 and 10 Cricket/Finals (Reserve Day)

#### Wednesday 5

Year 9 Duke of Ed Wabonga Plateau Camp  
 Gun Club Training  
 Year 7 English Excursion  
 Year 7 Morning Tea

#### Thursday 6

Instrumental Music Evening  
 VCE Physics Luna Park Excursion  
 Yarra Group Swimming  
 Year 7 Morning Tea

#### Friday 7

Year 7 English Excursion  
 Year 9/10 Interschool Sport

#### Monday 10

**PUBLIC HOLIDAY – LABOUR DAY**

#### Tuesday 11

Year 8 Morning Tea  
 Year 11 English Beneath Clouds Excursion  
 Year 8 Interschool Sport

#### Wednesday 12

Art Camp

#### Thursday 13

Art Camp  
 Year 7 Myths and Legends Evening  
 (6.30pm-8.30pm)  
 Deb Rehearsal 4pm

#### Friday 14

Art Camp  
 Year 10 Boosterix Vaccinations  
 Year 7 Hep B/Chicken Pox Vaccinations

#### Monday 17

Leadership Challenge – SRC Year Level Captains  
 Year 8 Robert Newton (Author) visit  
 Year 7 Boys Cricket

## CONTACTING LILYDALE HIGH SCHOOL

You will find when contacting Lilydale High School by telephone that until 12.00 each day you have three options from which to choose. We now have administrative assistants located in each of our Sub Schools until this time to give clerical assistance to our coordinators and answer queries from parents.

The first option allows you to report an absence directly to our voicemail message system.

The second option is to make contact with coordinators and for queries relating to students in various year levels. The types of queries that are answered by the assistants relate to attendance, early leavers and late passes, phone messages for students, excursion/camp enquiries, and all general enquiries relating to the particular year levels.

The third option is to contact the General Office. The office can help you with information regarding payment of charges, phone calls for Principals and staff (other than Year Level Coordinators), and calls of a general nature.

Our school website is also a valuable source of information for parents as a first reference, as all school notices, upcoming events, up to date information regarding the return of camps/excursions etc is available from this site. To access the Lilydale High School website please go to [www.lilydale.hs.vic.edu.au](http://www.lilydale.hs.vic.edu.au)

## CARPARK ARRANGEMENTS

Parents/Guardians delivering and collecting students by car are reminded that safety considerations are paramount for all of us.

**PLEASE DO NOT DRIVE THROUGH THE STAFF CAR PARK (MELBA AVE) TO DROP OFF/COLLECT STUDENTS – THIS IS A PARKING-ONLY FACILITY.**

There have been a number of near accidents with cars stopping near the school entrance and banking up other vehicles out into Melba Ave as well as blocking vehicles mid-way through parking. Students are weaving through cars parking. **The car park is out of bounds for students.**

The **Stadium Carpark** is designated for drop off/collection of students. There is room to park or drive through and students can walk/wait under cover for their transport.

Thank you for your understanding and cooperation regarding this matter.

Wendy Powson, Assistant Principal

## CURRICULUM NEWS

### ENGLISH

The English Department continues to be at the epicentre of activity. Where to begin?

**Year 11 and 12 English Excursion/Incursion Payments** are now overdue. Make no mistake, VCE students who do not take advantage of these learning opportunities are disadvantaging themselves. Absolutely **no payments** can be accepted beyond **March 4**. Bookings need to be confirmed and deposits need to be paid! EEEEEK!

### Year 7 Myths and Legends

Preparations for the imminent “Myths and Legends Night” are intensifying with teachers in the process of finalising how best to engage students and parents on the night. What intriguing activities will the night entail? There is only one way to find out, March 13! Pencil it in I say!

### Year 7 Refugees Realities Excursion

Many Year 7 students enthusiastically participated in the “Refugee Realities Excursion.” Run by Oxfam Australia at Gasworks in Albert Park, students were given the rare and insightful opportunity of walking in the shoes of a real life refugee. The simulation activities included walking through a jungle, crossing a desert riddled with landmines and having to cross a dangerous terrain at night. Students also faced the hardship encountered by many refugees at border crossings, with some students being thrown immediately into detention upon arrival at a new country. An appreciation for what this treatment must be like for real life refugees was quickly generated!

Dealing with a critical lack of water, primitive toilets, foreign speaking humanitarian staff and Red Cross procedures also contributed towards the highly eye opening experience. A particular highlight was the process of “refugees” scrolling the Red Cross list of names, in the hope of finding their own name. This would signify that someone already at the camp site is looking for them. ABC radio was conducting interviews during the simulation experience, and indeed some of our “refugees” spoke about their thoughts, expectations and experiences most eloquently! This experience, whilst lending itself wonderfully to both POLT and the VELS, will form an ideal foundation for the Semester 2 study of the Morris Gleizman novel, Boy Overboard.

### Learning Goals Digital Portfolios

Year 7 teachers have also been exceedingly committed regarding establishing their students’ digital portfolio on Studywiz. Students have been encouraged to develop three learning goals, complete with strategies outlining how they intend to strive towards meeting those goals. They have also composed a profile about themselves which can be found in their digital “About Me” page. The digital portfolio will form the basis of the upcoming three way conferences.

### Shakespeare in the Middle and Senior School

Shakespeare actors are on their way to Lilydale High School! Early in Term 2, the Complete Theatre Works will perform key scenes from both Romeo and Juliet and Macbeth – two Elizabethan plays currently studied at Year 10 and 11 respectively. Students have been urged to pay a modest amount which sadly is necessary. How disappointing if students miss out on this wonderful learning experience!

### Year 10 Students Romeo and Juliet

Incursion payment deadline, Tuesday 4 March, \$7.

### Senior School ACMI at Federation Square

In early March, Year 11 students will be travelling to ACMI, at Federation Square for a screening of the film, Beneath Clouds. This film is the main “justice context” text, which students must draw when completing no less than three SACS this semester! How demanding the new VCE study design is! And how exciting! No? The screening will be followed by a lecture by ACMI officer, Gary Simmons! Students will be expected to take notes!

**The School Web Site** has been showcasing the plethora of curriculum happenings which the English Department is offering. Check it out! Go to “Curriculum Happenings” then click on English.

What a vibrant faculty English is, no?

Joey Caruana, English Coordinator

## MATHS

### Logsheets

Please continue to check your child's logsheet for signatures. This is a good indication of how your child is progressing and what work is being completed in and out of the class.

### Numeracy Testing

All Year 7 students have now been tested and are receiving regular assistance. This includes working with a Maths teacher in a 1: 5 ratio or extra staffing assistance being provided in individual classrooms.

### Catch Up Class

'Catch Up' continues to run twice weekly throughout the term. Tuesday and Thursday lunchtimes have been allocated for these sessions. They are open to all students and provide an opportunity for extra tuition and assistance. Please encourage your child/ren to make the most of these classes throughout the year.

### Calculators

**Sharp Scientific Calculators Model EL-520WB-BK** are still available from the school for \$30. These calculators are suitable from Years 7 to 10. Payments can be made to the General Office with student name and form group clearly labelled.

### World Maths Day

On **Wednesday 5 March**, all students from Years 7 to 10 will participate in **World Maths Day**. This involves students competing in arithmetic races online against students from all over the world. Students have been allocated their own usernames and passwords and can access the competition from home. Student and staff responses have been very positive so far.

### Maths Corner

The first person to contact Mrs Fotia in Staff Room 2 with the correct answer will receive a prize. **This week's problem is:**  
A father's age is 44, and his son is 18. How many years ago was the father three times as old as his son?

Rosina Fotia, Maths Coordinator

## THE VICTORIAN PREMIER'S READING CHALLENGE

The Premier, John Brumby, has set Victorian school students another reading challenge in 2008; to read 15 books by the end of August. The Premier's Reading Challenge is not a competition, but an opportunity for students to stretch themselves and discover the pleasure and benefit of regular reading. Students who meet the challenge are rewarded not only with the intrinsic rewards of reading, but also with an official certificate and the opportunity of having their names published in a special supplement in *The Sunday Age*.

The Reading Challenge is open to all students in Years 7-10. To meet the challenge a student must read 15 books by the end of August. Ten of the books should be from the Reading Challenge booklist, which can be found in the Library or on the VPRC website;

- [www.education.vic.gov.au/prc](http://www.education.vic.gov.au/prc)

Author Boori Monty Pryor is one of this year's official Reading Challenge Ambassadors. This book *Maybe Tomorrow* is on the reading list. Boori, who will be visiting the school in April to speak to students and to promote the challenge, says 'Reading is such a gift. Even with all the technology at our fingertips today there's nothing better than the peaceful, thoughtful moments spent between the covers of a great book'.

This year's Premier's Reading Challenge is jointly promoted by the School Library and the English Department.

Parents and Guardians are invited to support the Challenge to promote the development of Literacy skills and a love of reading. If you are a parent/guardian of a student in Year 7 to 10 please encourage him/her to TAKE THE CHALLENGE! Registration forms and more information are available in the School Library.

## SUBSCHOOL NEWS

### YEAR 7

#### Lunchtime Activities

The Year 7 students have settled in well despite the busy time schedule and numerous activities on the agenda. One such program is our 'Lunchtime Activities Program' which is conducted every Tuesday and Thursday lunchtime in Room 42. Students have the opportunity to join in the fun, playing games, doing crafts and getting to know each other in a supportive and friendly atmosphere.

#### Swimming Sports

Once again, the School Swimming Sports proved to be a popular event and a great success for our junior students. It was terrific to see the enthusiastic participation and colourfully dressed supporters. Congratulations to all involved! This was an ideal opportunity for the Year 7 students to join in the fun and spend some time socialising - a positive sign for the upcoming Philip Island Camps.

#### Grade 6/Year 7 Sports Day

The Grade 6/Year 7 Sports Day will be held on **Tuesday 4 March**. This transition event is always an enjoyable experience for our Year 7 students. They will have the opportunity to greet Grade 6 students from our feeder schools as well as some of their past teachers. It is also a marvellous chance to move around the school in an informative way to socialise with others whilst participating in a variety of modified games and sports.

#### Morning tea with the Teachers

Invitations to attend 'Morning tea' with the Principal, Assistant Principals, Year 7 Coordinators and teaching staff were sent home on Wednesday 26 February. We look forward to the opportunity to meet with parents and guardians in a relaxed atmosphere at 10.30am in the Supper Room. The attendance slip (for catering purposes) was due to be returned by today, Friday 29 February.

#### Absences – Phone Calls

Please note that the school absence line is open for you to call and let us know of your child's absence. Just follow the prompts and leave a brief message. We appreciate the support that parents and guardians have given us when phoning home to establish the cause of your child's absence. We are interested to know that your child is happy here at school. We also like to know if your child is going to be away for an extended period of time so that we can let their classroom teachers know and gather work to send home if appropriate. A reminder that a note is required to cover the absence upon return to school. Although we endeavour to call as many homes as we can, it is not always possible due to our own teaching commitments and other matters which may arise and need our urgent attention.

Regular attendance at school is crucial for continuity of programs and friendships, and of course, we like seeing your smiling faces everyday!!

#### Myths and Legends Evening

Many teachers and students are involved in preparations for our "Welcome to Lilydale High School MYTHS and LEGENDS Evening".

This exciting event will be held on **Thursday 13 March**, commencing at **6.30pm**. There will be many activities and displays from each Key Learning Area and don't forget to join in on the interactive Laptop Trivia Competition. Be sure to also come dressed as your favourite legend or mythological character!

We are all looking forward to this event as it will be a wonderful opportunity to meet parents with their students in a relaxed and friendly atmosphere.

## Immunisations

An information letter and two immunization consent cards were distributed to the students recently regarding the Hepatitis B vaccine and Chicken Pox vaccine. Please return the signed consent cards as soon as possible. Due to the introduction of the girls Gardasil immunization, there will be four visits to the school by the council for:

- Chicken pox, Hepatitis B      **Friday 14 March**
- Gardasil Immunizations      **Thursday 17 April**

If you have any questions regarding this, please contact Hilda Knight.

## Year 7 Camp Notice

An information letter regarding initial attendance indication for the Year 7 Camps was distributed on Monday 18 February. The reply slip (no money due) was to be returned to form teachers by Friday 22 February so that we were able to establish the number of students attending each camp. If you have not returned a reply slip, it would be wise to ring a Junior School Coordinator as soon as possible. The second notice regarding which camp your child will be attending will be distributed today.

Please complete the indemnity and return it with your payment to the school by **Friday 7 March**.

## Time Line of Events

To ensure that parents/guardians are fully informed, we have provided a timeline of events for Term 1 on the school website under 'Curriculum Happenings / Junior School'. Included in it are the dates of events and also the dates on which your child will come home with important information. Please keep it handy in order to refer to it regularly.

## Principal's Award

Every couple of weeks, we seek nominations from Year 7 teachers for the Principal's Award. We award this award to students who are demonstrating a positive attitude towards their class work – for example, working consistently well, showing an approved approach to their learning in a subject or submitting work of a particularly high standard.

Congratulations to the following students who have won the first round of Principal's Awards for 2008:

Troy Rimando	7.37A	Jack Leggate	7.39
Sam Percy	7.41	Amber Toohey	7.46
Luke Weavell	7.46	Jessie Nahon	7.48
Russell McCrimmon	7.48	Tom Appleby	7.49
Emily Camilleri	7.49	Aaron Fisher	7.50
Jayden Barker	7.51	James Wathen	7.51
Alisha Barrant	7.52	Madison Becwith	7.52
Nathan Proctor	7.53	Jayden Payne	7.54
Paul Taylor	7.54	Paul Taylor	7.54
Liam Hayes	7.55	Taylah Westwood	7.56
Maddy Hicks	7.57	Jordan Hochkins	7.57

## Up-Coming Events

**Grade 6 /Year 7 Sports Day**      Tuesday 4 March  
**Morning Teas**      Wednesday 5/Thursday 6 March

<b>Labour Day</b>	Monday 10 March
<b>Myths and Legends Evening</b>	Thursday 13 March
<b>Chicken Pox and Hepatitis</b>	Friday 14 March
<b>Three way Conferences</b>	Wednesday 19 March

*"If we all did the things we are really capable of doing, we would literally astound ourselves"*

**Thomas Edison**

Finally, please don't hesitate to call us or your child's form teacher, with any questions or queries in relation to our program this term.

**Year 7 Coordinators**

## YEAR 8

### Getting it Right Program

During Week 4 all Year 8 students participated in the "Getting It Right" program which involved; learning about the schools Code of Conduct and Anti Harassment policies, goal setting and organizing folders and lockers. We would like to encourage parents to help their child stay organised by encouraging the use of the school planner. Remember that it is an official school document that parents can use to contact the teachers of their children.

### Absences

If your child is absent from school, please ring us and let us know. If the absence will be an extended one, we are happy to organise work for your child if it is required. An absence note for your child's absence is still required for your child's form teacher.

### Camp Wilkin – Anglesea

- First week, Term 2
- Notices distributed - Monday 18 February
- Final payment \$120 due by Friday 7 March

If parents need to pay in instalments please contact the school's Business Manager Dawn Collins on 9735 5644 for arrangements to be made. It is very important for the return slips to be handed in on time as it will help us greatly with the organisation of the camp.

### Year Eight Morning Tea      Tuesday 7 March

This is a great opportunity for parents and guardians to meet the teachers of their children. Notices have been distributed asking for a return slip to be filled in so we can arrange catering. Please send these back as soon as possible.

### Year 8 Guest Speaker

- Monday 7 March
- Rob Newton (Author of adolescent fiction)
- The session will assist students with the development of their writing skills.

### Three way conferences

- Wednesday 19 March

### Principal Award

Emma Van Den Driest	8.27	Jackson Fisher	8.28
Megan Neal	8.28	Tess Mallows	8.29
Gary Onans	8.39	Emma Dickson	8.31
Cody Dean	8.40	Darcy Shore	8.42
Laura Pierson	8.44	Melissa Greig	8.61
Nicola Fleming	8.62	Jason Kilby	8.63
Tess Gregory	8.69		

**Year 8 Coordinators**

## YEAR 9

### Middle School Morning Tea

It was such a pleasure to see so many parents at the Middle School Morning Tea and we would like to take this opportunity to thank those mums and dads for attending.

### School Swimming Carnival

We would like to congratulate all the Year 9 students who participated in the Inter-house Swimming Carnival yesterday.



### Congratulations

Congratulations to **Jake Orr 9.67** for competing in the Australian Interschool Mountain Bike Championship. Jake finished 2<sup>nd</sup> in Dual Slalom, 6<sup>th</sup> in Downhill and 10<sup>th</sup> in Cross Country. Well done!

### Planner Use

To record all homework and due tasks and should be taken home each night. To encourage parents to communicate with teachers. Year 9 students should be doing 45-60 minutes of homework a night. If students are up-to-date, they should be using their homework time to read, revise, clarify and summarise.

Year 9 Coordinators

## YEAR 10

### Morning Tea

On Friday 21 February, parents of Middle School students enjoyed a morning tea at Lilydale High School. Parents were able to meet teachers and were provided with light refreshments. Thank you very much to all of the parents who attended - if you have any further concerns please do not hesitate to call us at school on 9735 5644.

Year 10 Coordinators

## YEAR 11

### Presentation Ball News

Students have been attending the dance lessons for 4 weeks now and all seem to be grasping the steps in readiness for the big night on **Friday 11 April**.

Please check the times for each group on the notices, as there will be changes to the times commencing from Thursday 20 March. Both groups will practice together from this point, commencing at 4.30 pm and ending at 5.30 pm. There is also a practice in the holidays at school, in the Hall, on Thursday 3 April from 4.15 pm to 6.15 pm

### Suits

The boys have now been measured for their suits by Michael from Trevor Dudley Menswear in Lilydale. The suits will be ready to pick from Friday 4 April after 4 pm. The cost is **\$95** to be paid upon pick up of the suit. All suits need to be collected by Monday 7 April at the latest. The boys will need to try on the entire suit to ensure correct fit. The suit package includes: Tails (jacket), shirt, pants, cravat, vest, shoes and gloves. Please note, that the gloves will be picked up by teachers and taken to Crown to avoid any being left behind at home. Trevor Dudley Menswear will be open the following hours leading up to the Presentation Ball:

Friday 4 April 9 am – 9 pm (pick up after 4 pm)  
Saturday 5 April 9 am – 5 pm  
Monday 7 April 9 am – 6 pm

Suits need to be returned to Trevor Dudley Menswear by Monday 14 April.

### Tickets

Tickets are on sale at **\$100 per person**. This includes a three course meal plus soft drinks. No alcohol is available.

The Crown Palladian Room is the same venue that hosts the Brownlow Medal count and the Logies, so it is certainly an event to be remembered. It is a spectacular venue and I am sure that the students, parents and their friends and families will have a fantastic night that will be remembered for many years.

There are still ample tickets available for purchase. Last day for purchasing tickets is Thursday 20 March, the last day of Term 1. More updates will be available as we get closer to the night.

Cathy Drury, Head of Year 11

## YEAR 12

### Guest Speaker

Year 12 students continued to 'Shape their Destiny' with the inspirational speaker Darren Pereira on Tuesday 12 February. Darren took our students on a fascinating motivational and informative journey to determine how they can achieve their goals for this year and beyond. Indeed, his comprehensive advice and instruction assisted students to identify their personal ambitions and realise the commitment they need to pursue their personal goals.

### Study Skills

In keeping with the theme of the pursuit of excellence, this week Year 11 and 12 students were immersed in a 'Study Skills' day with the experts from 'Elevate Education.' Equipped with these tremendous and supportive study hints and ideas, our students are certainly well informed as to how to attain their very best and gain the edge in their VCE years. A fun BBQ lunch rounded off the morning and was much appreciated by all!

### Positions of Responsibility

On Monday 3 March, we will be presenting our Captains and other students receiving 'Positions of Responsibility' to the school community. We will also be taking the opportunity to recognise the wonderful academic achievements of our 2007 students who gained a score of 40 or more in any subject or a Tertiary education ranking of 90 or over. Congratulations to all students!

Year 12 Coordinators

## 2008 Term Dates

**Term 1** 30 January to 20 March  
**Term 2** 7 April to 27 June  
**Term 3** 14 July to 19 September  
**Term 4** 6 October to 19 December



# FIRST AID

## ANALGESICS



The school's policy on this matter is to not provide such medication to students.

Students of late have been requesting Aspirin, Panadol and other forms of analgesics from the first aid staff in the school's sick bay. Upon being refused, the students then ask the staff to contact their Parent or Guardian. This is now not possible given all the other Parent/Guardian contact required for general First Aid/Sick Bay matters.

If Parents and Guardians deem it appropriate that their son or daughter is in need of medication, then it need only be sent to the sick bay staff appropriately labelled with the student's name, form and the appropriate dosage. The First Aid staff will assist the student when the medication is needed.

Parents and Guardians are asked to assist and also ensure that their son or daughter is aware of the dangers and pitfalls of using other students' medication be it prescribed or otherwise.

It is preferred that students not self administer their own medication and that students only store medication at school with the school's First Aid staff.

If a student is feeling unwell or has been injured in any way they should report to the school's sick bay. **They are requested to not ring their parents themselves or leave the school of their own volition.** If the student feels they are too unwell to remain in class the First Aid staff will contact their Parents or Guardians to collect them from school. To this end it is vital that student contact details are up to date.

The welfare of the students at the school is very important and these First Aid procedures are set down to ensure that all students who require First Aid treatment are cared for in a safe and appropriate manner.

Would Parents/Guardians please also note that First Aid Staff are only able to assist with illnesses/accidents which occur whilst students are at school. Parents & Guardians should seek medical advice from their medical practitioner if their child is unwell.

School medical 'supplies' are also only supplied for incidents occurring during the school day.

## HEAD LICE

Would parents please check your children for head lice and eggs. We thank you for your co-operation in this matter.

### *How can you tell if a family member has head lice?*

#### **Finding lice or nits on the head:**

- ❖ Lice may be hard to see on the scalp as they move quickly.
- ❖ Nits are seen as small, whitish flecks securely attached to the base of the hairs, especially behind the ears and on the forehead. Unlike dandruff they cannot be brushed off.

#### **Other telltale signs:**

- ❖ Finding dry black powder, grey casts or skins on the pillow in the morning.
- ❖ Itchy scalp causing the person to scratch.

#### **How do you treat head lice?**

Current products for the treatment of head lice are available in three main formulations:

- ❖ Lotion
- ❖ Shampoo
- ❖ Crème rinse
- ❖ Soak hair for 3 hours in hair conditioner

Head lice treatments can be purchased from a chemist without a prescription.

- ❖ Lotions containing 0.5% Malathion or Maldison are considered to be very effective treatments. Apply to dry hair and leave for 12 hours. One application may be sufficient to kill lice and nits.
- ❖ Treatments containing Permethrins may require a follow-up application to kill all lice and nits. Apply to clean damp hair and leave on for 10 minutes before rinsing off.
- ❖ Treatments containing Pyrethrins are thought to be less effective than Permethrin or Maldison.



#### **After Treatment**

Nits can be removed after treatment by combing wet hair with a fine-tooth comb or by removing them with your finger nails.

Hair does not have to be cut short if the head lice treatment has been properly and thoroughly applied. Check your children's hair regularly for head lice and nits.

Any lice on combs, bedding or headgear should be dead or damaged; however, you may wish to soak the family's combs and brushes in hot water and detergent for ten minutes.

The itch may not go immediately. Persistent itch is not a reason for repeating the treatment.

#### **Some Do's and Don'ts**

- Do** Treat all family members if one member of the family has head lice, whether or not nits or lice are present.
- Do** Carefully read and follow the manufacturer's advice on using their product.
- Do** Wear rubber gloves when applying treatments.
- Do** Consult your doctor or pharmacist about safe head lice treatments to use if you are pregnant, have sensitive skin or for children less than 12 months of age.
- Do** Keep head lice treatments out of the reach of children as the treatments are toxic but safe if used according to manufacturers' instructions.
- Don't** Allow head lice treatment to get into the eyes.
- Don't** Use a hair dryer following application of the treatment as heat may inactivate the product

**PARENTS & GUARDIANS MAY USE THIS FORM WHEN MAKING STUDENT PAYMENTS**

**LILYDALE HIGH SCHOOL CREDIT CARD PAYMENT FORM**

STUDENT NAME	FORM	ITEM PAID	AMOUNT
		<b>TOTAL AMOUNT</b>	<b>\$</b>

PLEASE INDICATE:

VISA

MASTERCARD

Name on Credit Card

\_\_\_\_\_

Credit Card No

\_\_\_\_\_

Expiry Date

\_\_\_\_\_

Signature

\_\_\_\_\_

**LILYDALE HIGH SCHOOL CREDIT CARD PAYMENT FORM**

STUDENT NAME	FORM	ITEM PAID	AMOUNT
		<b>TOTAL AMOUNT</b>	<b>\$</b>

PLEASE INDICATE:

VISA

MASTERCARD

Name on Credit Card

\_\_\_\_\_

Credit Card No

\_\_\_\_\_

Expiry Date

\_\_\_\_\_

Signature

\_\_\_\_\_